



ADULT SERVICES



Acute Inpatient Program

Treats males and females 18 and older, in an intensive therapeutic structure, providing stabilization for patients. Patients may be experiencing suicidal or homicidal ideations. They may also be demonstrating severe psychosis or aggressive behaviors and or substance abuse concerns.

Daily Interaction with Multidisciplinary Team, which includes:

- Board-certified psychiatrists and addictionologists
- 24/7 Nursing services
- Social Services
- Recreational therapy
- Art therapy
- Discharge planning with family involvement begins upon admissions

Medical Detox

We offer detox from a wide range of substances while being able to monitor withdrawal symptoms under 24 hour nursing supervision. Some of the substances that we provide detox from include: prescribed medications, opioids and alcohol to name a few. Peak provides relapse prevention education treatment. Addictionologists on staff.

Senior Adult Program

Dedicated program for senior adults ages 55 and older who are demonstrating severe emotional and/or substance abuse concerns.

- Handicap accessible
- Environment specific to the needs of senior adult patients
- Senior adults and patients with functional limitations
- Assistance with activities for skills of daily living
- Cognitive impairment assessments and treatment
- CNAs on staff

Peak Behavioral Health Services is a private psychiatric hospital that specializes in care for children, adolescents, adults, and senior adults. We place a strong emphasis in working with the entire family with the goals of restoring a sense of hope bringing balance to the family unit and providing a tailored treatment plan based on the individual's specific needs.

- 24-Hour Assessment and Admission
- Board Certified Physicians and Licensed Professional Staff
- 24/7 Nursing Care
- The Joint Commission Top Performer 2014
- Separate units for each specialty
- Situated on a campus-style setting
- 36 Bed Pediatric Building



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Partial Hospitalization /Intensive Outpatient

Monday through Friday and includes group therapy and one-on-one meetings with a psychiatrist for those 5 days per week. Medication can be evaluated, adjusted and/or monitored throughout a patient's stay. Patients return to their family in their home environment at night to apply skills learned during the day. Lunch is served and transportation arranged for most patients.

Adult Outpatient Services:

Monday – Friday from 9:00 a.m. – 3:00 p.m.

Adult Partial Hospitalization (PHP)

Is an outpatient program specifically designed to help those adults who do not need the intensity of an acute-care setting, but are having difficulty functioning in their daily routine.

Adult Intensive Outpatient Program (IOP)

Is a 3-day a week program that provides a therapeutic, structured environment while maintaining a work-life balance.