



CHILDREN & ADOLESCENT SERVICES



36 Bed Pediatric Building

Children's Inpatient Program

- Specializes in the treatment of children ages 5-11 who need crisis stabilization.

Adolescent Inpatient Program

- Gender-specific programming that provides short-term crisis stabilization for ages 12-17 in severe distress or exhibiting unsafe behavior. Program is divided into a male unit and a female unit.

Daily Interaction with Multidisciplinary Team, Which Includes

- Board Certified psychiatrists and addictionologists
- 24/7 Nursing services
- Social services
- Recreation therapy
- Individual therapy
- Art therapy
- Discharge planning with family involvement begins upon admission

Residential Program

- Serving adolescent boys and girls, ages 12-17, who demonstrate a persistent pattern of severe emotional and/or behavioral issues that are disruptive, frequent and cannot be treated in a lesser level of care. We provide intensive treatment in a structured, therapeutic environment.
- Gender-specific programs
- Trauma informed care program
- Licensed school by Gaadsen Independent School District
- Family therapy
- Individual therapy
- Substance abuse education
- Life skills, social skills and leisure education groups
- Psych-educational and process groups
- Supervised therapeutic community outings
- Special-issue groups focusing on anger management, grief and loss, discharge readiness, trauma and self-injury.

Peak Behavioral Health Services is a private psychiatric hospital that specializes in care for children, adolescents, adults, and senior adults. We place a strong emphasis in working with the entire family with the goals of restoring a sense of hope bringing balance to the family unit and providing a tailored treatment plan based on the individual's specific needs.

- 24-Hour Assessment and Admission
- Board Certified Physicians and Licensed Professional Staff
- 24/7 Nursing Care
- The Joint Commission Top Performer 2014
- Separate units for each specialty
- Situated on a campus-style setting
- 36 Bed Pediatric Building



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Partial Hospitalization /Intensive Outpatient

Monday through Friday and includes group therapy and one-on-one meetings with a psychiatrist for those 5 days per week. Medication can be evaluated, adjusted and/or monitored throughout a patient's stay. Patients return to their family in their home environment at night to apply skills learned during the day. Lunch is served and transportation arranged for most patients.

Adolescent Partial Hospitalization (PHP)

Is designed to evaluate and treat adolescents ages 12-17 whose emotional, behavioral and/or chemical dependency problems are too severe to be managed in outpatient therapy alone, but do not require a 24-hour controlled environment.

5 days a week, Monday – Friday from 4:00 p.m. – 8:00 p.m. during the school year and 9:00 a.m. – 3:00 p.m. during the summer months.

Adolescent Intensive Outpatient (IOP)

Is a 3 day a week program 4:00 p.m. – 8:00 p.m.

Dinner and/or snacks and beverages are provided during the program.