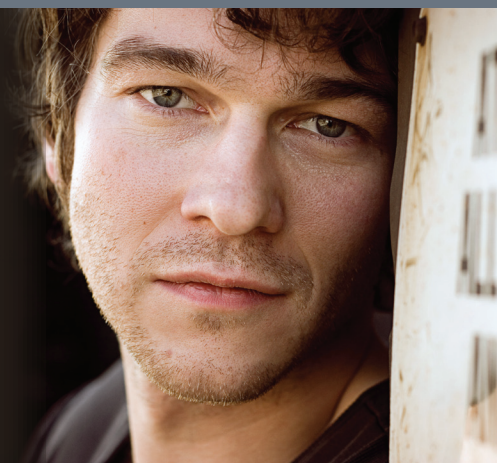




OUTPATIENT SERVICES



Day Treatment/Partial Hospitalization & Intensive Outpatient Services

Partial Hospitalization /Intensive Outpatient

Monday through Friday and includes group therapy and one-on-one meetings with a psychiatrist for those 5 days per week. Medication can be evaluated, adjusted and/or monitored throughout a patient's stay. Patients return to their family in their home environment at night to apply skills learned during the day. Lunch is served and transportation arranged for most patients.

Adolescent Partial Hospitalization (PHP)

Is designed to evaluate and treat adolescents ages 12 - 18 whose emotional, behavioral and/or chemical dependency problems are too severe to be managed in outpatient therapy alone, but do not require a 24-hour controlled environment. 5 day a week, Monday – Friday from 4:00 p.m. – 8:00 p.m. during the school year and 9:00 a.m. – 3:00 p.m. during the summer months.

Adolescent Intensive Outpatient (IOP)

3 day a week program 4:00 p.m. – 8:00 p.m. Dinner and/or snacks and beverages are provided during the program.

Adult Outpatient Services:

Monday – Friday from 9:00 a.m. – 3:00 p.m.

Adult Partial Hospitalization (PHP)

Is an outpatient program specifically designed to help those adults who do not need the intensity of an acute-care setting, but are having difficulty functioning in their daily routine.

Adult Intensive Outpatient Program (IOP)

Is a 3 day a week program that provides a therapeutic, structured environment while maintaining a work-life balance.

Call us today to set up an assessment at no charge. Open 24 hours a day, 7 days a week.

Peak Behavioral Health Services is accredited by the Joint Commission, Tricare Certified and licensed by the State of New Mexico.

How to Access Peak Behavioral Health Services For free assessments and crisis intervention:

Hospital (575) 589-3000 or by Fax (575) 589-6682.

Our Master's level counselors are available 24 hours a day, 7 days a week.

- Board Certified Physicians and Licensed Professional Staff
- 24/7 Nursing Care
- The Joint Commission Top Performer 2014

This document is for informational purposes only and is not a substitute for medical advice, diagnosis or treatment.