

# PEAK MISSION RECOVERY PROGRAM



## **Military Specific Program**

The Mission Recovery Program's goal is for each service member to be capable of returning to after addressing the issues that initially brought them to our facility. Each individual will be provided with the necessary tools to achieve a more productive and fulfilling life. We are honored to treat those service members who have served our country and have developed a program to meet each individual's unique needs. The Mission Recovery Program at Peak Behavioral Health Services is a dedicated 20-bed inpatient military services building on our campus. We treat all branches of the military, veterans, and federal and local law enforcement agency service members with similar traumas. Every patient is evaluated for their specific needs and treatment is individualized.

## **Specialized Treatment Tracks**

### **Trauma Track**

The trauma track deals with issues such as PTSD as depression, anxiety, and mood disorders.

### **Medical Detoxification**

We provide medically supervised detox and provide relapse prevention tools. We can safely detox service members and veterans from a wide range of substances. We have suboxone certified physicians.

### **Substance Use Disorder Program**

We have a rehab program for those service members who are experiencing issues with alcohol, prescription drugs and other chemical dependencies. The typical length of stay is 28 days, but can vary depending on the individual treatment needs. This program utilizes the 12-step model and host AA meetings on site. Our experienced alcohol and drug counselor teaches relapse prevention skills. We encourage family involvement.

Peak Intake:..... 575-589-6770

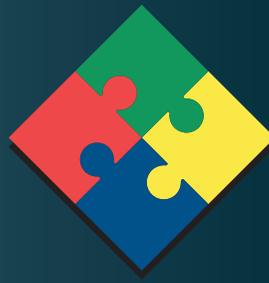
Military Liaison: ..... 575-502-0098

Military Liaison: ..... 575-502-0026

Dr. Harry Silsby: ..... 208-863-3430

*Peak Behavioral Health Services is a private psychiatric hospital that specializes in care for children, adolescents, adults, senior adults, and active duty military and veterans. We place a strong emphasis in working with the entire family with the goals of restoring a sense of hope bringing balance to the family unit and providing a tailored treatment plan based on the individual's specific needs.*

- 24-Hour Assessment and Admission
- Board Certified Physicians and Licensed Professional Staff
- 24/7 Nursing Care
- The Joint Commission Top Performer
- Separate units for each specialty
- Situated on a campus-style setting



# PEAK BEHAVIORAL HEALTH SERVICES

5055 McNutt Rd. • Santa Teresa, NM 88008 • (888) 599-9808

## **Crisis Stabilization**

This track is for the service member who is in need of short-term crisis stabilization or is in immediate danger of harming themselves or someone else. Our goal is to return them to duty quickly with the necessary coping skills to lead and promote a healthy life that reinforces positive relationships and independence.

## **Co-Occurring Disorders**

Because of co-occurring disorders, involved assessment tailors a specific treatment plan for each patient.

## **Partial Hospitalization and Intensive Outpatient Program**

We offer a less-restrictive treatment option for those who may need a step-down from our inpatient program or who may benefit from a more intensive program than traditional outpatient. This program meets five days a week Monday – Friday from 9:00 a.m. – 3:00 p.m.

## **Military Program Features**

- Evidence-based Therapeutic Modalities
- Dialectic Behavioral Therapy (DBT)
- Exposure Therapy
- Cognitive Processing Therapy (CPT)
- Cognitive Behavioral Therapy (CBT)
- EMDR
- Spiritual Counseling
- Art Therapy
- Pet Therapy
- Yoga
- 12-step Program (AA)
- Relaxation Therapy
- Direct Admissions for Active Duty Military
- Military Veterans on Staff
- Command Consultation and Involvement
- Tricare Certified
- Tricare formulary observed
- Focus on Resiliency and Post Traumatic Growth
- Anger and Domestic Violence Management
- Individual, Group & Family Therapy
- Eating Disorder Treatment
- Daily PT (Physical Training) Two Sessions
- Transportation arrangements

## **Military Advisory Board**

Harry D. Silsby, MD  
Colonel US Army (Ret.)  
Diplomate American Board of Psychiatry  
Certified American Board of Addiction Medicine

David J. Krueich, PhD, LCSW  
LTC US Army (Ret)  
Board Certified Diplomat in Clinical Social Work

*“Strategic Behavioral Health does not exclude, deny treatment to, or discriminate against any person on the basis of race, national origin, disability, or age. All admissions to the hospital are determined by a Physician.”*